

Invitation beyond dream world

By Gerda Archer

Create a thought that really matters
Leave unwanted ones in tatters
Focus on a meaningful creation
Directing the mind like a sculptor
I had a dream and on awakening
I found that it had just been a dream
Yet the warm glow was still alive
I decided to hold on to that spot
As it seemed so very real
A glowing, emotional feeling
As if it had really happened
I held on to that lovely energy
Flowing the dream into reality
Was that moment pointing a finger
Towards creating my own reality?
By feeding that glowing spot
Remembering my inner state
In silence: taste, feel and believe
That it can be achieved
By awareness of my own inner state